How to become a Modern Gentleman

The Instruction Guide

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1. **Develop character.**

You must develop character to be a modern gentleman. To develop character you must develop mental and moral qualities that will mark your individuality. Make sure they are positive qualities; negative will make you contrary to a gentleman. Here are some steps to develop a character of gentleman.

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**Step 1. Seek for wisdom.** Wisdom is different than intelligence.  
*Wisdom = knowledge + great judgment, “learning from experiences”.*

**Step 2. Be Positive.** If life gives you lemons, sell them and make a Profit! You have to stay positive (happy, excited, animated, lovely etc.)

**Step 3. Change or acquire new morals.** Good morals! Examples: manners, behavior actions etc.
2. Build the “Community Service” Machine.

How to build the Community Service Machine of you?? Easy develop a habit of helping others always. A true gentleman specially a modern one always helps out. A gentleman should give a hand to someone daily: **Step 1.** Start by searching for a place where you can offer community service, even if you serve with criminals. **Step 2.** Always be aware! When you’re aware you will notice that people are in need of help all around. Example: ladies who need help carrying groceries, men and women with flat tires, older people crossing streets, etc. even if it’s simple things a gentleman should always be aware to help.
3. Create an Intelligent Man of yourself.

A modern gentleman is an educated man. Education can start from home, and school. A gentleman always pursues knowledge. How to become a smarter man? Easy if you don’t have the resources for college, you can always read. Reading is a very precious ability a human has which enriches our mind and lives with knowledge and education. TIPS. Learn about everything, like welding, carpentry, auto mechanic, women etc. A Modern Gentleman is an INTELLEGENT MAN.
4. Be the Good Guy.

How to be the good guy with women and people around you? **First**, you need to be polite. Good manners will bring you the world to your feet. **Second**, never swear or use strong foul language in public. **Third**, don’t look like a fool in public when with friends drinking. Always respect everyone around you.
5. You’re the modern gentleman now look like one.

How to look like the man you are. To be a modern gentleman you also need to dress like one. The Modern Gentleman conquers women, jobs, and life by simply being a gentleman and dressing like one, just follow these steps.

Step 1. Grooming; you need to groom properly like a man. And I like to point out the magazine GQ; they have exceptional tips for every man. They’ll show you how to groom if you want a beard, no beard, long hair, short hair etc. They have good answers and choices for everyone. But remember you need to look sharp and clean.

Step 2. Dress to impress. From casual to a dressy night you need to look at your best. A modern gentleman has its own fashion but one thing for sure a gentleman has his pants on his waist and a proper size of clothing. Check out GQ magazine for more information to dress like a man.

Step 3. A gentleman always smells good.
  • Shower.
  • Wear deodorant, and cologne.
  • A man always needs to have a clean mouth (brush).
  • Take care of your skin (head to toes). *GQ also tips on skin care.
A healthy gent is a long lasting gent.

A gentleman not only cares for others but he cares for himself, so take care of your health not only will you have a long and healthy life but you will also look good. So here are some tips to look, and feel at your best.

1. Watch what you eat! Go easy on the fats and on the carbohydrates not only will they make you look, and feel bad but also they will slow you down in life. A higher protein diet is a real good way to go, also high in fresh veggies and fruits.

2. If you’re a man that smokes or drinks, try to cut back almost to not doing it at all. We all know these things at the long run will affect us badly but we still refuse to cutoff so if you don’t want more brain cells dying and giving birth to toxic, fat cells then CUT THEM OFF!!

3. Point three is the most important. EXERCISE!! If you’re becoming a modern gentleman its time for you to pick yourself up and grab some weights. In all seriousness everyone should do some sort of exercise, our bodies require it.